

## READYSET LEAD TRAINING

## Curriculum Overview

This series combines skill- and application-based lessons to build impactful leadership competencies through ten engaging, interactive eLearning courses.

Courses		Description	Key Skills	Follow-Up Actions
Course 1	Establishing Team Values	Learn the importance of team values and discover how to clearly define them.	<ul> <li>Self-assessing your own values</li> <li>Aligning values to rewards, recognition, and performance</li> </ul>	<ul> <li>Create a set of values for your team</li> <li>Reflect on how to live your own values in your day-to-day responsibilities</li> </ul>
Course 2	Motivating Your Team	Explore how to create a positive work environment and leverage each team member's personal motivators.	<ul> <li>Creating a positive and safe environment</li> <li>Personalizing approach to individual motivators</li> </ul>	<ul> <li>Think about members of your team and how you can motivate each person</li> <li>Complete a practice exercise around an individual's motivators</li> </ul>
Course 3	Leading Team Meetings	Learn how to effectively lead team meetings from prep, to facilitation and follow-up.	<ul> <li>Effective meeting preparation and follow-up</li> <li>Facilitation best practices</li> </ul>	<ul> <li>Create an outline to prepare for a future team meeting</li> <li>Evaluate the outline for strengths and opportunities</li> </ul>
Course 4	Conflict Resolution	Find out simple strategies for managing conflict, including identifying conflict styles and adapting your approach.	<ul> <li>Identifying conflict styles</li> <li>Pausing and adapting your style before reacting</li> </ul>	<ul> <li>Reflect on your go-to style for resolving conflicts</li> <li>Practice how you'd respond in sample conflict scenarios</li> <li>Role play with your manager</li> </ul>

Course 5	Effective 1-on- 1s	Discover 1-on-1 best practices, including how to ask open-ended questions and engage in active listening to build relationships.	<ul> <li>Effective listening</li> <li>Asking open-ended questions</li> <li>Empowering team members to own their development</li> </ul>	<ul> <li>Write an agenda for a teammate's future 1-on-1 meeting</li> <li>Role play with your manager</li> </ul>
Course 6	Goal Setting	Learn the ins and outs of SMART goals and how to implement them with your team to help them grow.	<ul> <li>SMART goal setting and progress tracking</li> <li>Supporting team member development</li> </ul>	<ul> <li>Create a GAPS         Grid on your own         performance</li> <li>Practice writing         SMART goals for         sample scenarios</li> </ul>
Course 7	Coaching	Master basic coaching techniques like the GROW model and learn how to recognize and avoid common mistakes.	Leveraging the GROW model for effective coaching	<ul> <li>Reflect on where you can improve your coaching skills and what you can do to improve</li> <li>Use the GROW model to evaluate one of your coaching goals</li> </ul>
Course 8	Giving Feedback	Identify best practices for giving feedback and building a feedback- forward culture.	<ul> <li>Delivering effective SBI feedback</li> <li>Modeling desired feedback behavior</li> </ul>	<ul> <li>Practice writing constructive feedback</li> <li>Draft SBI feedback for a teammate</li> </ul>
Course 9	Performance Management	Explore performance management best practices, including how to manage Performance Improvement Plans.	<ul> <li>Awareness of why performance issues arise</li> <li>Creating effective PIPs</li> </ul>	<ul> <li>Reflect on your strengths and opportunities for performance management</li> <li>Use the Performance Management Cycle to practice preparing for a meeting</li> </ul>
Course 10	Delegation	Learn why delegation is a critical leadership skill and things to keep in mind when delegating.	<ul> <li>Five steps of effective delegation</li> <li>Delegation best practices and how to overcome obstacles to delegation</li> </ul>	<ul> <li>Decide which of your upcoming tasks could and should be delegated</li> <li>Practice using delegation in a sample scenario</li> </ul>

