

READYSET LEAD TRAINING

Curriculum Overview

This series combines skill- and application-based lessons to build impactful leadership competencies through ten engaging, interactive eLearning courses.

Courses		Description	Key Skills	Follow-Up Actions
Course 1	Establishing Team Values	Learn the importance of team values and discover how to clearly define them.	 Self-assessing your own values Aligning values to rewards, recognition, and performance 	 Create a set of values for your team Reflect on how to live your own values in your day-to-day responsibilities
Course 2	Motivating Your Team	Explore how to create a positive work environment and leverage each team member's personal motivators.	 Creating a positive and safe environment Personalizing approach to individual motivators 	 Think about members of your team and how you can motivate each person Complete a practice exercise around an individual's motivators
Course 3	Leading Team Meetings	Learn how to effectively lead team meetings from prep, to facilitation and follow-up.	 Effective meeting preparation and follow-up Facilitation best practices 	 Create an outline to prepare for a future team meeting Evaluate the outline for strengths and opportunities
Course 4	Conflict Resolution	Find out simple strategies for managing conflict, including identifying conflict styles and adapting your approach.	 Identifying conflict styles Pausing and adapting your style before reacting 	 Reflect on your go-to style for resolving conflicts Practice how you'd respond in sample conflict scenarios Role play with your manager

Course 5	Effective 1-on- 1s	Discover 1-on-1 best practices, including how to ask open-ended questions and engage in active listening to build relationships.	 Effective listening Asking open-ended questions Empowering team members to own their development 	 Write an agenda for a teammate's future 1-on-1 meeting Role play with your manager
Course 6	Goal Setting	Learn the ins and outs of SMART goals and how to implement them with your team to help them grow.	 SMART goal setting and progress tracking Supporting team member development 	 Create a GAPS Grid on your own performance Practice writing SMART goals for sample scenarios
Course 7	Coaching	Master basic coaching techniques like the GROW model and learn how to recognize and avoid common mistakes.	Leveraging the GROW model for effective coaching	 Reflect on where you can improve your coaching skills and what you can do to improve Use the GROW model to evaluate one of your coaching goals
Course 8	Giving Feedback	Identify best practices for giving feedback and building a feedback- forward culture.	 Delivering effective SBI feedback Modeling desired feedback behavior 	 Practice writing constructive feedback Draft SBI feedback for a teammate
Course 9	Performance Management	Explore performance management best practices, including how to manage Performance Improvement Plans.	 Awareness of why performance issues arise Creating effective PIPs 	 Reflect on your strengths and opportunities for performance management Use the Performance Management Cycle to practice preparing for a meeting
Course 10	Delegation	Learn why delegation is a critical leadership skill and things to keep in mind when delegating.	 Five steps of effective delegation Delegation best practices and how to overcome obstacles to delegation 	 Decide which of your upcoming tasks could and should be delegated Practice using delegation in a sample scenario

